



August 2014



The Westside Story

**Westside Unitarian
Universalist Church**

901 Page Avenue
Fort Worth, Texas
76110

10:00 & 11:30 AM
Sundays

www.WestsideUU.org

Our Mission Statement

Westside Unitarian Universalist Church makes a positive difference in the lives of our members, our families, and the world at large through supportive relationships, religious exploration, and social action.

Our Vision Statement

Westside Unitarian Universalist Church will grow and become a more influential liberal religious presence through active service to our community and the world at large.

Sunday Services

August 3 – *“A Celebration of Life: Journey Toward Enlightenment”* by John Gilbert. John shares thoughts about his journey from a close-minded fundamentalist to a more broad-minded agnostic who recognizes the joy in a life filled with questions, doubts, and new points of view.

August 10 – *“The ‘S’ Words: An Occasional Series”* by Reverend Alex Holt. An introduction to the Six Sources about which Reverend Holt will be reflecting throughout the fall. Of course there are many ‘S’ words to consider with the first one being “spirituality.” This will be Reverend Holt’s first Sunday in our pulpit. Please plan to be with us to give him a Westside Welcome!

August 17 – *“The Kindness of Others”* by Kelsang Phunrab. American Kadampa Buddhist monk, Kelsang Phunrab, from Kadampa Meditation Center Texas, will show us how by considering the kindness of others we can lower our stress and anxiety and develop a good heart. By learning to appreciate the kindness of all living beings, we can increase our love and become happy.

August 24 – *“Stumping the Minister”* by Reverend Alex Holt. Attention all Westsiders: young and those “young at heart,” founding members and newest members, introverts and extroverts...this is your opportunity to ask Reverend Holt anything and everything about which you’re curious and wondering about his “take” on the subject. Go ahead – start thinking about those questions now. You will be given several opportunities to submit these ahead of time. Of course, Reverend Holt will not see or hear any of your questions in advance. Forms for submitting questions will be available beginning Sunday, August 10 or you may submit your question in an email to Linda Ice (who will be serving as Worship Leader that day) at landmice@gmail.com.

August 31 – *“Higher Consciousness - The Superpower of the Sages”* by John Smotherman. Humanity has reached a point in its evolution and understanding where we can intentionally self-evolve our own consciousness. Doing so can improve our insight, wisdom, creativity, and our ability to relate with others and experience love. And, it just flat makes us happier!

SUNDAY MORNING OPTIONS

When you re-read a classic, you do not see more in the book than you did before; you see more in yourself than there was before.

-Clifton Fadiman

Adult Religious Education Class

11:30 in the “Glass Classroom”

In August after finishing the course “Embracing Internet Cooperation,” Annie Foerster will lead a class on Interfaith music based on a book she has written. We will then begin a new topic of discussion. All are welcome and child care is provided. For more information, contact Morris Meador meadormorris1@gmail.com.

Religious Odysseys – August 24

I’m sure that someday children in schools will study the history of the men who made war as you study an absurdity. They’ll be shocked, just as today we’re shocked with cannibalism.

-Golda Meir

Once a month at 11:30 – 12:30, instead of the regular Adult Religious Education class we will share Religious Odysseys. There will be a 20 minute period for a church member to tell of his/her life story focused on how their beliefs and life views developed. After this the remaining time will consist of a dialogue between the one who has shared and those in attendance. The emphasis is not on debating positions but sharing in a very intimate setting a person’s life story. Come and get to know persons you may not know or know much better persons you think you have known for a long time. Our greatest learning happens when we share ourselves with each other. Send suggestions for others to share their Odyssey to Morris Meador (meadormorris1@gmail.com) or see me at church.

Forum – 10 to 11 am

The Westside Story
August 2014

The best way to get Adult Forum topics is to email John Barnes, the Adult Forum moderator. The Adult Forum strives to be timely in its topics, and sometimes they change at the last moment to address some major event that has just occurred. Email John at jbarnes107@gmail.com and ask to be put on the Forum roster.

Children's Religious Education News Clips

Connect with CRE

The Children's Religious Education committee is working hard in absence of a full time DLRE this summer. Please add your support by offering to teach a Sunday morning RE class. We still have spots available in all age groups. You can keep this vibrant program growing this summer.

RE-Evaluating the Environment is our Summer of Science program this year. We will look at our natural resources, climate changes, and energy sources. The younger grades will have hands on activities while 6th grade and up will have lively discussions and will follow a No-impact Man curricula.

The DLRE task force has been talking with some very qualified candidates for our open position. We thank them for all their hard work and can't wait to meet our new Director of Lifespan Religious Education in the fall.

Our High School Youth Group YRUU and Middle School Youth Group YUUMS will be taking a break this summer from regular meetings. Stay tuned to the Google group for information on summer service activities.

September will be here before we know it and the CRE committee is forming teaching teams for the regular school year. Each class has 5-8 teachers sharing the teaching and one team lead. You will usually teach twice a month but we can accommodate most schedules. By teaching, we also learn. Please talk to Tricia Bowes or one of our committee members for more information.

There are many ways you can volunteer. If religious education speaks to you as a way to serve, please let us know. We will find the right fit for you!

More Info: Join the conversation and get important CRE information at our Google group by going to groups.google.com/group/westsidere and click the link to apply for group membership. If you have any questions you can contact Tricia Bowes at re@westsideuu.org.

IN AND AROUND WESTSIDE

The Traveling Minister's Road Show

This is my first column as your interim minister. I want to thank everyone including Cindy, Linda, Myron, Mark, Bettina and so many others who have helped with my move and all the logistics.

There's a story that made the rounds among those of us who are intentional interim ministers. It seems that a very senior and experienced interim minister had died and so a memorial service was planned. One of the planners called one of the congregations this interim minister had served and asked if they'd like to contribute any words for the service.

The person from the church the interim had once served said nothing for a long moment. After

A person may cause evil to others not only by his actions but by his inaction, and in either case he is justly accountable to them for the injury.

-John Stuart Mill

The thing that makes you exceptional, if you are at all, is inevitably that which must also make you lonely.

-Lorraine Hansberry

some thought they said that the interim minister was a real SOB (and they didn't use the acronym). But more than anything they were glad when he arrived, appreciated the excellent work he did, and they were glad when he left.

In interim ministry that is seen as the highest possible compliment.

This story probably has been embellished a bit in the retellings in recent years but people in the world of interim ministry enjoy it. It sets us apart from the challenges of settled ministry. Our specialized ministry can help healing where needed, and to exploring pathways to the future.

All that said, that isn't the typical ending story of an interim ministry. It's true that there are emotional minefields and profound conflicts that require the interim to be seen as truth-teller and creator of good boundaries where they didn't exist before. More often the interim and congregation embark on a time of discernment of religious mission, story, and aspirations so the next minister is a good fit for the community.

No, most interim ministries don't end with 'we were glad when s/he left.' There'll be a mixture of feelings good and ill. There will be those who will be happy that a time of intense self-examination and changes is complete. Every interim ministry is a new beginning and a time for congregation and minister to carefully examine your dreams and your worries for the future. Hopefully there's a sense of you being glad that this focus of transitions is available.

Part of our work is to prepare for the next minister. However, that isn't the top priority. We first must explore your history and then how you see your identity as a religious community. Does that identity need to shift with the needs of religious liberals as well as the 'un-churched' in the 21st century? Do you need to explore new and creative ways to do worship? Does the word 'worship' bring up challenging questions about our shared Unitarian Universalist history?

All this and more is to prepare you for your leap into the next phase of your ministry to the world and to one another.

My time with you is just starting and hopefully not too many people yet consider me an SOB (acronym thoughtfully applied here). My job in part is to metaphorically hold a mirror up and ask you first what you see, and then ask you if that is who and what you want to be for the 21st century.

I would invite you to consider the meanings of this favorite quote from Gandhi: *"A small body of determined spirits fired by an unquenchable faith in their mission can alter the course of history."*

Is that you?

That's what we'll find out over the next two years.

When you have eliminated the impossible, whatever remains, however improbable, must be the truth.

-Arthur Conan Doyle

Greetings From Your New President!

Before I move forward with my message, let me extend a grateful Thank You to Linda Ice, our new Past President. I think we all know that Linda exceeded all expectations in her year as Westside President during an extremely challenging time.

A man should never be ashamed to own he has been in the wrong, which is but saying, in other words, that he is wiser today than he was yesterday.

-Alexander Pope

Linda's many newsletter articles addressed Westside's transition time and kept the congregation informed as Westside moved from no minister to a Contract Minister to an Interim Minister. We've achieved that goal thanks to your participation at town hall meetings, wise counsel from Russell, our own retired UU minister member, Annie Foerster, NTUUC, the UUA and, most of all, our Transition Task Force.

Now, Rev. Alex Holt will lead us through the next two years as we collectively do the work and visioning that will enable Westside to be successful in its search for a settled minister.

This gives me the opportunity to speak about other topics important to Westside and Unitarian Universalism. Because we all lead busy lives, sitting down to learn about church governance, or NTUUC (what's NTUUC), or what Congregational Study/Action Issue was voted on at General Assembly, is just not on our radar.

My goal then, is to share things I have learned and continue to learn about the workings of Westside and our other UU connections, such as our own cluster, NTUUC - North Texas UU Congregations and the UUA.

What better place to start than with Westside's Bylaws, specifically, Article 2. Purpose:

“The purpose of this Church shall be to promote and practice freedom, particularly religious freedom, in a climate that welcomes diversity. Furthermore, we affirm and promote: the inherent worth and dignity of every person, justice, equity, and compassion in human relations, acceptance of one another and encouragement to spiritual growth in our congregation, a free and responsible search for truth and meaning, the right of conscience and the use of democratic process within our congregation and in society at large, the goal of world community with peace, liberty and justice for all, and respect for the interdependent web of all existence of which we are a part.”

Westside UUC Service Project

Each month at Westside, our undesignated plate offerings are donated to a worthy recipient organization. The following table lists these organizations and our recent contributions to them.

June '14	Planned Parenthood of Tarrant County	\$619.00
May '14	Sickle Cell Anemia Assn. of Tarrant County	\$692.76
April '14	South Central Alliance of Churches	\$675.73
March '14	InReach Fund	\$934.38
February '14	Long Way Home	\$504.00
January '14	Gill Children's Services	\$777.82
December '13	Downwinders at Risk	\$583.82
November '13	Meals on Wheels	\$1,269.18
October '13	Unitarian Universalist Service Committee	\$587.68
September '13	South Central Alliance of Churches	\$1,151.33
August '13	Mental Health & Mental Retardation of Tarrant	\$842.58
July '13	Co, Samaritan House Dinner Fund	\$1,100.41
June '13	Texas Re-Entry Services	\$982.42
May '13	Planned Parenthood of Greater Texas	\$1,033.22
April '13	South Central Alliance of Churches	\$801.70
March '13	In-Reach Fund	\$1,448.88
February '13	Fort Worth Day Resource Center	\$1,091.86
January '13	Don't Forget to Feed Me, Tarrant Pet Food Pantry	\$930.61
December '12	Cancer Care Services	\$974.93
December '12	UUA Sandy Storm Relief	\$375.75
November '12	Lighthouse for the Blind	\$931.54
October '12	UUSC & UUA Sunday	\$825.22
September '12	South Central Alliance of Churches	\$1,587.97
August '12	Women's Center of Tarrant County	\$937.52

A house is no home
unless it contains food
and fire for the mind as
well as the body.

-Margaret Fuller

Never cut what you can
untie.

-Joseph Joubert

**The Westside Story
August 2014**

Religious freedom - what greater gift can a church give to its congregants!?! Westside and other UU churches are the only churches I have walked into and been invited to pray, meditate, catnap (ok, maybe not that one) or contemplate as I so choose. It is a gift and a human right.

In this stated Purpose we are even given the tools to make religious freedom happen. We at Westside already know what they are and how to use them - our seven principles. I sometimes miss, like when I hit my thumbnail instead of the head of the nail, but I know I am using the right tool, so I keep on trying, as we all must. In Westside & UU love, Cindy

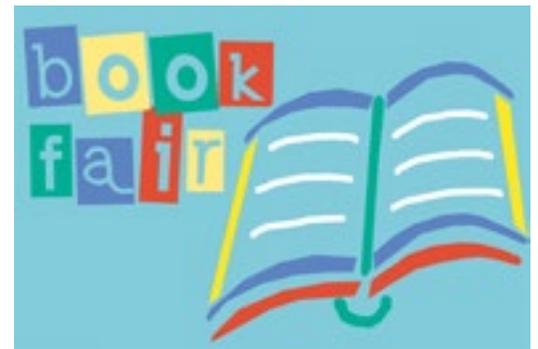
Congregational Conversations

Our last conversation for the summer will be Friday, August 8. It's not too late to get in on this conversation and allow yourself to "dream" a little. It begins at 7:00 pm and lasts about an hour and a half. Wine, cheese, and vegan options will be served. Participation is limited to approximately 25 per evening to allow everyone ample opportunity to share. At this time, there are still plenty of spots available for August. To save your spot, contact Linda Ice at landmice@gmail.com or call 817-926-4481. We look forward to seeing you at the next Congregational Conversation!

Westside Book Fair

Sunday 9/21/14
Saturday 9/27/14
Sunday 9/28/14

Select titles from Skinner House and Beacon Press will be for sale. Children's titles included. Proceeds will fund the book fair and benefit the Library.



Social Justice Committee

The Social Justice committee meets bimonthly on the second Sunday of the month. If you are interested in participating please join us at 12:30 in the Glass Classroom. Our next meeting is scheduled for September 14. There are many other opportunities for volunteering! Looking ahead, save the date for Trash Bash on September 20! It's great fun and it keeps Fort Worth beautiful! If you would like more information, please email Kim Lucas at devinewoman@msn.com.

Nothing is so firmly
believed as what is least
known.

-Michel de Montaigne

I cannot stress often
enough that what science
is all about is not proving
things to be true but
proving them to be false.

-Lawrence M. Krauss

Join a Circle Supper, August 16!

For those who have not attended a Circle Supper, it is the opportunity for getting to know members/friends of the church over good food and conversation. These are dinners in small groups of six to eight people, generally, and held at the home of a member/friend of the church. If you would like to host but have limited space, you may partner with someone who has the room but would prefer not to host alone. The dinners are held on the third Saturday of every month. The host will organize the meal and will ask the guests to bring something like a side dish, bread, wine, or whatever is needed. Please contact Gail Kilman at gailkilman@mac.com or 817-294-8938.

Our Family Circle Supper works just the same way, but it is not required that you have children to attend. For the Family Circle Supper, please contact Lauren Leising at ellekaye@juno.com or 817-846-8012.



Annie's Gift of Music

For the last few years we have been privileged to have Annie Ying Cai as our pianist. We grew to not only appreciate her musical skills but also enjoy her smiling face and cheerful demeanor.

Having completed her studies, it was time for her to move forward with her career and on June 1, she delighted Westsiders by giving us an extraordinary private farewell recital. We were gladdened to learn that, after a brief trip home to be with family and friends, Annie returned to perform a concert at Carnegie Hall on June 27.

It's been a pleasure knowing Annie and we wish her the best in her future endeavors.



Trying to determine what is going on in the world by reading newspapers is like trying to tell the time by watching the second hand of a clock.

-Ben Hecht

Summary of the June 18 Board Meeting

The Board approved the meeting Minutes of May 21, 2014 and the following Committee Reports (available in the minute book) Endowment, Digital Communications, ABUC, LRPC, Membership, Adult RE and Social.

Reed Bilz reported that the Minutes of the Annual Meeting were approved by committee. (available in the minute book)

Too often we enjoy the comfort of opinion without the discomfort of thought.

-John F. Kennedy

**The Westside Story
August 2014**

Mark Walz submitted an accounting of his time at Westside. He is filling in for ministers absent from the Metroplex this summer, and will be Chaplain and Worship Leader at DBLE.

Lane Smutz submitted the Financial Statements and Report (available in the minute book).

Tricia Bowes reported that an applicant has been offered the position of DLRE and she is considering it.

The Board approved the request from the Library Committee to hold a UUA Book Fair in September.

Reed Bilz reported that she is signing up members for the Social Action Sub-Committee.

Linda Ice is holding a meeting with those who have expressed interest or concern regarding the Sunday Adult RE and Forum schedule June 28, 1:30 p.m. at the church.

Dianne Nixon and Cindy Fountain would like to attend DBLE. The Board approved using \$350 from the GA fund for DBLE scholarships. We will also seek scholarships from NTUUC.

The Board approved the following Committee Chair appointments:

Pam Pfeiffer, Membership beginning August 1

Beginning July 1: Ray Pfeiffer, LRPC; Sandy Olah, Building and Grounds; Bob Vann, Green Sanctuary; Leann Maxwell and Rae Reed, CRE Co-Chairs; Linda Ice and Carol Cappa, Stewardship Co-Chairs.

Cindy noted that we are still seeking chairs for the Social and Neighborhood Awareness committees.

The next meeting will be Wednesday, August 20, at 7 p.m. All members are welcome to attend.

- Reed K. Bilz, Secretary

What's New in the Library?

The Westside Library has recently purchased some new titles to get your UU education on:

An Examined Faith by James Luther Adams - 230.9/Ada

A Faith For All Seasons by William R. Murry - 230.9/Mur

Unitarian Universalism by David E. Bumbaugh - 289.1/Bum

Healthy Congregations by Peter L. Steinke - 250.11/Ste

Christian Voices in UUism by Kathleen Rolenz - 289.1/Rol

Universalism 101 by Richard Trudeau - 289/Tru

Stirring the Nation's Heart by Polly Peterson - 289.0/Pet

An Introduction to the Unitarian & Universalist Tradition by Andrea Greenwood - 230.91/Gre

The Sustainable Soul by Rebecca James Hecking - 201.77/Hec

A Long Time Blooming by Marta I. Valentín - 242/Val

If Galileo had said in verse
that the world moved, the
inquisition might have let
him alone.

-Thomas Hardy

We have also received a large donation from Susan Gore that included titles on diversity, which shelve in the 300s, and her own book, "Coming Out in Faith: Voices of LGBTQ Unitarian Universalists" found at 289.1/Gor. Check it out!

Life is a foreign language;
all men mispronounce it.

-Christopher Morley

Contemporary Book Group

The Contemporary Book Group meets the fourth Sunday after second service. On August 24 we will discuss "The Round House" by Louise Erdrich and on September 28, during Banned Book Week, we will meet to discuss "Flowers for Algernon" by Daniel Keyes.

From Goodreads:

The Round House. One Sunday in the spring of 1988, a woman living on a reservation in North Dakota is attacked. The details of the crime are slow to surface as Geraldine Coutts is traumatized and reluctant to relive or reveal what happened, either to the police or to her husband, Bazil, and thirteen-year-old son, Joe. In one day, Joe's life is irrevocably transformed. He tries to heal his mother, but she will not leave her bed and slips into an abyss of solitude. Increasingly alone, Joe finds himself thrust prematurely into an adult world for which he is ill prepared.

While his father, who is a tribal judge, endeavors to wrest justice from a situation that defies his efforts, Joe becomes frustrated with the official investigation and sets out with his trusted friends, Cappy, Zack, and Angus, to get some answers of his own. Their quest takes them first to the Round House, a sacred space and place of worship for the Ojibwe. And this is only the beginning.

Flowers for Algernon. This book has the same title as the first version of this story, but is the longer -and not suitable for children- extended version. Do not confuse with the original work. Book has been banned by several High Schools.

With more than five million copies sold, *Flowers for Algernon* is the beloved, classic story of a mentally disabled man whose experimental quest for intelligence mirrors that of Algernon, an extraordinary lab mouse. In poignant diary entries, Charlie tells how a brain operation increases his IQ and changes his life. As the experimental procedure takes effect, Charlie's intelligence expands until it surpasses that of the doctors who engineered his metamorphosis. The experiment seems to be a scientific breakthrough of paramount importance--until Algernon begins his sudden, unexpected deterioration. Will the same happen to Charlie? Made into a movie called "Charlie."

Contact: Reed Bilz – reed.bilz@gmail.com.

U-Cubed Summer Schedule 2014

U-Cubed meets on Saturdays. Sign up sheets available on Sundays in the church lobby. For additional information, contact Annie Foerster or Morris Meador.

August 2

10 - 11 am Yoga
12:15 - 1:45 pm Journal Writing
2 - 4 pm Spanish

August 16

10 - 11 am Yoga
12:15 - 1:45 pm Journal Writing
2 - 4 pm Spanish

August 9

10 - 11 am Yoga
11:15 - 1:15 pm Meditation
1:30 - 3:30 pm Sewing

August 23

10 - 11 am Yoga
11:15 - 1:15 pm Meditation
1:30 - 3:30 pm Windows 8.1
3:00 - 4:30 pm Humanist Book Club

I distrust those people
who know so well what
God wants them to do
because I notice it always
coincides with their own
desires.

-Susan B Anthony

Follow your inner
moonlight; don't hide the
madness.

-Allen Ginsberg

Humanist Book Club – Fourth Saturday, 3:00 -- 4:30

The Humanist Book Club meets at Westside UU Church on the fourth Saturday of the month, 3:00 – 4:30 pm. Books are chosen by the group and the next month it will be discussed together. The current book selection is “Freethinkers: A History of American Secularism” by Susan Jacoby. At our August meeting we will discuss chapters 10 – 12. All are welcome. Facilitated by Morris Meador, meadormorris1@gmail.com.

Seventh Principle Notes from your Green Sanctuary Committee

As we enjoy, or suffer through, the hottest, driest part of the year, water should be on all our minds. Our water supplies are under severe strain due to growing demand, pollution, and climate change. Re-thinking how we value water is a critical first step in reducing these strains and safeguarding future water supplies.

Water is a finite and precious resource, but our economic system treats it as limitless and of little value. For many companies and other water users, their water bills are so small that it hardly seems worthwhile to conserve. The result is unsustainable water use across much of our economy—from industry to agriculture to homeowners.

It is important for us all to conserve water, especially in the irrigation of our yards where most of our water is used. Just compare your water bills/usage for summer months versus other times of the year. However, water utilities, oil and gas, and agriculture together represent more than 90% of the nation’s water consumption. By improving their water management, we can build an economy that protects freshwater for the future. That means pricing water to these users at rates that will “encourage” them to use water more efficiently. Examples include drip-water irrigation (good for homeowners as well), recycling frack water, and increased reliance on solar and wind power that do not require water in the production of energy.

There will be a social justice oriented video on August 23, instead of the usual Green Movie. The title of this movie is “Inequality for All,” by Robert Reich.

Recommended Reading: “*Oil and Honey*” by Bill McKibben, available on Kindle.

August Committee Meeting: We will meet again at 12:45 pm, August 10 in the Glass Classroom. All are welcome.

Humanists of Fort Worth

The HoFW will meet at its regular time at 7:00 pm on Wednesday, August 13. All Freethinkers are welcome to attend. Please check the HoFW Meetup site for further information at <http://www.meetup.com/Humanists-of-Fort-Worth/>

The illusion which exalts
us is dearer to us than ten
thousand truths.

-Aleksandr Pushkin

Quilting/Handiwork Group – August 10

The monthly get-together for the Westside Quilting Group will be changed from August 17, the third Sunday, to August 10, the second Sunday, because of a scheduling conflict. We will meet after the second service at church until 4:00. Everyone is invited to join us. Bring whatever you would like to work on, or come to help with the quilts. We share our tools and our skills and great conversations. For more information or to be added to our email reminder list, call Debby Rake at 817-473-2414 or dsrake@gmail.com.

As I have not worried to
be born, I do not worry
to die.

-Federico García Lorca

Vegan Potluck Saturday, August 23!

The Westside Story
August 2014

Have you ever wanted to eat in a healthier way but didn't know where to start? Have you ever wanted to eliminate animals and animal products as a way of eating more compassionately? Have you ever wanted to eat lower on the food chain so as to be kinder and gentler to the earth? Have you ever wanted to hang out with others who want these same things? If you answered "yes" to any of these, please consider joining the Monthly Vegan Potluck group. We will hang out together, eat good food, and exchange recipes. Vegan Potlucks will take place on the fourth Saturday of each month at 5:00 p.m.

You can sign up on our meetup.com website at: <http://www.meetup.com/Vegan-Potluck-WUUC/>

Here's how the potluck will work:

Please arrive early (4:30 p.m.) if possible so you can to help set up tables and chairs
Bring a VEGAN dish
Bring the recipe for your VEGAN dish (or be prepared to email it to others)
In place of a prayer, we will light a chalice and join in a Responsive Reading before the meal
Eat and enjoy
Talk with other potluckers
Look for dishes you like
Help clean up.

COME BE WITH US!!

If you have any questions about the Monthly Vegan Potluck, contact Rachel Reed at rachelreenered@yahoo.com or James Finn at finncrowd@hotmail.com.

Chaplain Corps Corner

The Chaplains Corps has been contacting various members whom we've missed seeing or hearing from. If you know of anyone that has been sick or in the hospital, or is having a difficult time, please let a chaplain know. You may contact us at Chaplain@westsideuu.org.

If you cannot attend church and want one of your Joys or Concerns mentioned during that portion of the Sunday morning service, let us know, and we will try to get it included.

Mark McMurry is preparing to travel to M.D. Anderson in Houston for a treatment plan to treat adrenal gland cancer.

Linda & Walter McConathy celebrated their 48th wedding anniversary!

Jeff Rodriguez is mourning the sudden and unexpected loss of his mother, Carole Ann.

Howard McMahan turned 84 years old!

Myron Ice is recuperating from his first chemotherapy treatment.

Brenda & Gene McKeon are joyful for their daughter, Natalie, who got married!

Paul Sears tripped and fell and is nursing a broken nose.

Douglas Zinn turned 16 years old!

Glenda Hood is recuperating from surgery.

I have known a vast quantity of nonsense talked about bad men not looking you in the face. Don't trust that conventional idea. Dishonesty will stare honesty out of countenance, any day in the week, if there is anything to be got by it.

-Charles Dickens

Pam & Ray Pfeiffer are joyful their daughter, Catie, got to go to Japan with Sister Cities!

Those on the Chaplains Corps are Beverly Archibald, Caroline Nixon, Diane Jones, Myrtle McMahan, Tom Woods, Sandy Lord, and John Gilbert. Please give us a call or email us with any concerns you may have.

OUR WIDER COMMUNITY

Carter BloodCare Needs Your Help!

Blood supplies are dangerously low this summer. Our friends, neighbors, and perhaps members of Westside may need blood.

Please go to any convenient Carter BloodCare donor center and donate. If you have never donated it is time to start. If you were temporarily deferred try again. If you have questions call CBC at 800-366-2834 or talk to Gene Walker on Sundays at Westside. Thanks!

Bring Toiletries for SCAC in August

Each year we are given two months in which to help South Central Alliance of Churches to replenish their supplies of food and toiletries. August is our month for toiletries. Please get full-size items (not the travel size - these are for families) and bring them to the church during the month of August. Put them in the big red cart which will be by the entrance door.

Here is the list and what makes up a "hygiene kit":

**SHAMPOO
TISSUE (2 ROLLS)
SOAP (2BARS)
DEODORANT
RAZORS (2)
SHAVING CREAM
TOOTHPASTE**

Everybody needs his memories. They keep the wolf of insignificance from the door.

-Saul Bellow

Pads, tampons, lotions, and toothbrushes are extra items kept on hand when requested. If you would like to donate an entire toiletry pack, it would be appreciated, however individual donations of items is also appreciated. Watch the sales, clip coupons, and help out by replenishing the shelves at SCAC. Our efforts are really appreciated by the clients and Opel Smith, the Director of SCAC.

Self Management and Recovery Training (SMART)

The animals of the world exist for their own reasons. They were not made for humans any more than black people were made for whites or women for men.

-Alice Walker

These confidential meetings are held each week at Westside on Tuesdays at 7:00 p.m. for those who want or need to discuss strategies for confronting addictive behaviors. The group is sponsored by the Humanists of Fort Worth as an alternative to traditional 12-step meetings requiring belief in a higher power. To learn more, please contact Carolyn Glenn at carolynyg@gmail.com.

Little Things Mean A Lot

One of the little things I do every day, in fact one of the few things I do every day almost without fail, is visit the website Greater Good. There is a link to the site at the end of this article.

At the site you can click on little icons and the click will result in a donation. For instance, if you click on the Animals icon a portion of food will be donated to an animal shelter. If you click on the Diabetes icon a small donation will go to diabetes research. Same with Autism, Breast Cancer, and several others. I click on all of the icons each and every day. I am reminded to do this because I receive a daily email prompt from the website (see upper right hand part of webpage).

Now, the website wants to sell things to those who visit the site. There is an article on snopes.com which speaks to the veracity of the charity involved. I have been using this site almost since its inception, and have purchased several things which have been as advertised and of good quality.

So, every day I receive their email. And every day I click on the icons. And because of that, every day, I send out a little bit of good into the world.

It may be a little thing, but little things add up, and adding up little things can make a big difference. It makes a difference to those who benefit from the clicks and it makes a difference to me because I feel like I have done something worthwhile. They have contributed \$30 million dollars to charity since 1999.

Should you click on the site too? I hope you will: <http://greatergood.com>

- Love, Beverly

The Westside Story
August 2014

Westside Story Staff:

Janice Sims, Editor
Eric Stevens, Designer
Sharon Salih, Distribution

*Email submissions
to our Editor Janice Sims at
janicesims1617@att.net.
The deadline for submissions is
the 15th of each month.*

I believe that in the course of the next century the notion that it's a woman's duty to have children will change and make way for the respect and admiration of all women, who bear their burdens without complaint or a lot of pompous words!

-Anne Frank

Education is not the filling of a pail, but the lighting of a fire.

-William Butler Yeats

Our Board

President: Cindy Fountain

Vice-President: Dianne Nixon

Secretary: Reed Bilz

Treasurer: Lane Smutz

Directors: Tricia Bowes, Jeff Bullock, Ginger

Courtney, Ric Hansen, Don Jackson, Ken Leising

June 2014 Attendance

	10AM Adults	11:30 Adults	10AM Kids	11:30 Kids	Total
June 1	84	77	8	18	187
June 8	46	80	6	17	149
June 15	55	61	6	11	133
June 22	47	57	7	20	131
June 29	37	50	9	6	102
Averages	53.8	65	7.2	14.4	140.4



This congregation has taken part in the UUA Welcoming Congregation Program to become more inclusive towards bisexual, gay, lesbian, and/or transgender people.

Westside UU Church

901 Page Avenue
Fort Worth, TX 76110

How are we doing?

Do you feel that our church is doing something right?
Should we be doing more or less of something?
Should we be doing something different? If so, let the Committee on Ministry (COM) know. The committee also wants to know if you have a criticism, concern, or question. Look for us after the service, call us, or email us at COM@westsideuu.org.

Committee on Ministry

Sean Wildman, Chair. Myron Ice, Shirley Miller, Theresa Kauffman, Spencer Maxwell

When you have finished reading your Westside Story, share it with a potential UU.

The 7 UU Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity & compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free & responsible search for truth & meaning;
- The right of conscience & the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.