

*May 2015*



**The Westside Story**

**Westside Unitarian  
Universalist Church**

901 Page Avenue  
Fort Worth, Texas  
76110

10:00 & 11:30 AM  
Sundays

[www.WestsideUU.org](http://www.WestsideUU.org)

**Our Mission Statement**

Westside Unitarian Universalist Church makes a positive difference in the lives of our members, our families, and the world at large through supportive relationships, religious & intellectual exploration, and social action.

**Our Vision Statement**

Westside Unitarian Universalist Church will grow and become a more influential liberal religious presence through active service to our community and the world at large.

## Sunday Services

**May 3** – *“Magical Thinking and our Closets of Shame”* by Reverend Alex Holt. Mental illness is a complex issue in America. Few Unitarian Universalist congregations ever talk about it even though mental illness is a normal and very widespread part of life for us all. This morning we will explore how ‘magical thinking’ can seem real and how our congregations can be helpful as we wrestle with the mixed feelings about mental illness.

**May 10** – *“Flower Celebration”* For many years, flowers have carried messages. For this service, we ask that you bring a flower to share. It can be from your garden or purchased; please choose one that is special to you. We will consider together to see if they have anything to say to us.

**May 17** – *“The ‘S’ Words: An Occasional Series”* by Reverend Alex Holt.

**May 24** – *“Death Not Be Proud: A Memorial Day Reflection on Death”* by Reverend Alex Holt. The original intent of Memorial Day was to honor those soldiers who died in the Civil War. Now, Memorial Day has evolved into a day to remember all those who have died. How are we to understand the finality of death or is it really finality?

**May 31** – *Youth Led “Coming of Age Service”* Westside UU has a spectacular group of youth (high school) who are deeply invested in the Coming of Age program. Please join us for this special service where they will share what they have learned about who they are and where they are on their spiritual journey.

### SUNDAY MORNING OPTIONS

## Adult Religious Education Class

11:30 in the “Glass Classroom”

In May we will continue the courses we have been studying this past winter with a variety of facilitators. June will begin new course material for the summer months: Building Your Own Theology! For more information, contact Morris Meador (meadormorris1@gmail.com).

## Religious Odysseys – May 24

Once a month from 11:30 to 12:30 (usually the fourth Sunday) instead of the regular Adult Religious Education class we will share Religious Odysseys. There will be a 20 minute period for a church member to tell of his/her life story focused on how their beliefs and life views developed. After this there will be discussion. The emphasis is not on debating positions but sharing in a very intimate setting a person’s life story. Come and get to know persons you may not know or know much better persons you think you have known for a long time. In May, Gary Randall will be sharing. Contact Morris Meador (meadormorris1@gmail.com).

Religious Odysseys on CDs! Check the library for CD recordings of the Odysseys you have missed. Listen at home at your convenience. Learn something new about someone you think you know!

## Forum: 10 - 11 a.m.

The best way to get Adult Forum topics is to email John Barnes, the Adult Forum moderator. The Adult Forum strives to be timely in its topics, and sometimes they change at the last moment to address some major event that has just occurred. Email John (jbarnes107@gmail.com) and ask to be put on the Forum roster.

Sit down and put down everything that comes into your head and then you’re a writer. But an author is one who can judge his own stuff’s worth, without pity, and destroy most of it.

-Colette

## Children's Religious Education Announcements

The Westside Story  
May 2015

Join us for our annual **Spring Fling in the Park May 24th!** Starting at 10am, all CRE classes will be held across the street at Daggett Park and in addition, will include fun and games!

Join us this summer for **Our Sacred Universe**, which will include very special programming. In addition, congregants can sign up to teach this summer just a few weeks without long term commitment.



Join Westside CRE this summer for

# Our Sacred Universe

Pre-K: Heart Talk	K-4th: World of Wonder
5th-8th: Circle of Trees	9th-12th: Cosmos

Sign up to teach on the CRE Bulletin Board! Contact DLRE Cameron Young at [dre@westsideuu.org](mailto:dre@westsideuu.org) for more details

**The Coming of Age program** is near conclusion. Join these special youth for a very special service on May 31st.

For additional information, please contact DLRE Cameron Young [re@westsideuu.org](mailto:re@westsideuu.org).

### IN AND AROUND WESTSIDE

## The Traveling Minister's Road Show

A wise colleague in ministry told me once that our Unitarian Universalist challenges with Christian religious holidays like Christmas Eve and Easter were easy compared with Mother's Day. She argued that we have many ways to intellectualize, symbolize or ignore traditional religious holidays but we have no such option with Mother's Day. Mother's Day, she implied, was one of those holidays we ignore or revise at our peril.

Some of us probably would prefer to ignore the sappy and sentimental aspects of Mother's Day each year. Cards extolling the wisdom, kindness and love of mothers sometimes don't fit the reality of what motherhood is like. A lunch or dinner out and flowers may not result in forgiveness of old slights or misunderstandings between mothers and their children.

Growth for the sake of  
growth is the ideology of  
the cancer cell.

-Edward Abbey

To add to our woes about Mother's Day it used to be understood that Unitarian layperson Julia Ward Howe was the founder of Mother's Day in America. She had written "The Battle Hymn of the Republic" at the time of the Civil War. Later she proposed a day to be set aside for women around the world to gather, mourn their sons and husbands who died in needless conflict, and to demand an end to war. Surely such evocative goals are the heart of what it means to be a Unitarian Universalist. However, the history of Mother's Day isn't that simple.

There was another founder of Mother's Day in America. Anna Jarvis had cared for her mother for many years. This is what Wikipedia says about what inspired her. "It was during one of her Sunday school lessons in 1876 that Anna Jarvis allegedly found her inspiration for Mother's Day, as Anna closed the lesson with a prayer, stating, 'I hope and pray that someone, sometime, will found a memorial mother's day commemorating her for the matchless service she renders to humanity in every field of life. She is entitled to it.'"

On May 10, 1908, Anna Jarvis helped celebrate the first official Mother's Day service. She later became horrified by the commercialization of Mother's Day in America saying "A printed card means nothing except that you are too lazy to write to the woman who has done more for you than anyone in the world. And candy! You take a box to Mother—and then eat most of it yourself. A pretty sentiment."

Meanwhile Julia Ward Howe was only partly successful with her Mother's Day peace movement. Many other American women were focused on the suffrage movement to gain the right to vote. One more cause – however worthy – was too much to take up at that time.

Another difficulty for celebrating Mother's Day has been how to honor those women who chose (or otherwise) not to have children. How do we include them?

Another colleague who had overheard our conversation chimed in to say that she defaulted to a single reality: every one of us had a mother who bore us after months of carrying us in her womb. That reality of hard work and caring for two people rather than one makes Mother's Day a worthy day of saying 'thank you' even if our relationships with our mothers might be a bit complex.

Peace day, cards-and-candy-day, a 'thank you' day, and many other meanings are attached to this one day of the year when we can and ought to celebrate Mother's Day. Every one of us is here because of our biological mother; many of us had foster or adopted mothers who did the hard (and undoubtedly frustrating) work of helping us grow up. Celebrating mothers begins there and ought to encompass the entire year rather than one day.

So happy Mother's Day to all women who have held up the power of peace, the compassion that is the ideal of motherhood, and to all our mothers for their strength and patience as we grew into who and what we are now.

And yes, flowers, dark chocolate candies, a lovely served meal and a simple 'thank you' is a good start. No matter if our own mother is alive or not we can remember them at their best and say thank you again and again.

- Alex

## **A Word From Your President**

Hello & Happy May! Westside is buzzing; just like the busy bees this marvelous spring, there is much to be involved in. The month of May, itself, brings a church cook-out (May 2), Evenings at Westside (May 9), our annual Mother's Day Pancakes & Mimosas (May 10), the election of the Ministerial Search Committee (May 17), and a "Sweet" Thank You (May 31) to all who have pledged their financial support to Westside for the coming fiscal year. May 31 is also the Sunday that the

Coming of Age Youth will present their credos to the congregation for the Sunday service – cake and our amazing youth – not to be missed!

**The Westside Story  
May 2015**

What else? Unitarian Universalism is not just at Westside. NTUUC offers some educational and interesting workshops in both May and June. On May 9, a Stewardship workshop will be held in Waco. But, not to worry if you cannot make that one, as another is planned in Plano later this year. A workshop geared toward Social Justice and Social Action takes place June 13 at First Unitarian

## Westside UUC Service Project

Each month at Westside, our undesignated plate offerings are donated to a worthy recipient organization. The following table lists these organizations and our recent contributions to them.

March '15	Westside's InReach Fund.	<b>\$997.83</b>
February '15	Texas Unitarian Universalist Justice Ministry	<b>\$801.00</b>
January '15	Texas ReEntry Service	<b>\$833.20</b>
December '14	Meals on Wheels of Tarrant County.	<b>\$805.00</b>
November '14	Catholic Charities of Fort Worth	<b>\$923.86</b>
October '14	Unitarian Universalist Service Committee	<b>\$454.00</b>
October '14	Friends of the UUA.	<b>\$140.00</b>
September '14	South Central Alliance of Churches	<b>\$876.59</b>
August '14	Day Resource Center, Fort Worth	<b>\$827.28</b>
August '14	The Unaccompanied Children from Central America	<b>\$941.96</b>
July '14	James L. West Special Care Center	<b>\$854.16</b>
June '14	Planned Parenthood of Tarrant County	<b>\$619.00</b>
May '14	Sickle Cell Anemia Assn. of Tarrant County	<b>\$692.76</b>
April '14	South Central Alliance of Churches	<b>\$675.73</b>
March '14	InReach Fund	<b>\$934.38</b>
February '14	Long Way Home	<b>\$504.00</b>
January '14	Gill Children's Services	<b>\$777.82</b>
December '13	Downwinders at Risk	<b>\$583.82</b>
November '13	Meals on Wheels	<b>\$1,269.18</b>
October '13	Unitarian Universalist Service Committee	<b>\$587.68</b>
September '13	South Central Alliance of Churches	<b>\$1,151.33</b>
August '13	Mental Health & Mental Retardation of Tarrant	<b>\$842.58</b>
July '13	Co, Samaritan House Dinner Fund	<b>\$1,100.41</b>
June '13	Texas Re-Entry Services	<b>\$982.42</b>
May '13	Planned Parenthood of Greater Texas	<b>\$1,033.22</b>
April '13	South Central Alliance of Churches	<b>\$801.70</b>
March '13	In-Reach Fund	<b>\$1,448.88</b>
February '13	Fort Worth Day Resource Center	<b>\$1,091.86</b>
January '13	Don't Forget to Feed Me, Tarrant Pet Food Pantry	<b>\$930.61</b>
December '12	Cancer Care Services	<b>\$974.93</b>
December '12	UUA Sandy Storm Relief	<b>\$375.75</b>
November '12	Lighthouse for the Blind	<b>\$931.54</b>
October '12	UUSC & UUA Sunday	<b>\$825.22</b>
September '12	South Central Alliance of Churches	<b>\$1,587.97</b>
August '12	Women's Center of Tarrant County	<b>\$937.52</b>
July '12	Samaritan House Dinners Fund	<b>\$808.66</b>
July '12	Mountain District Wild Fire Relief	<b>\$273.75</b>
June '12	Alliance for Children	<b>\$614.79</b>

The absence of flaw in  
beauty is itself a flaw.

-Havelock Ellis

Dallas. These are always quite affordable, with lunch included, and most times, childcare. Please see Carol Cappa, our NTUUC liaison, or me for more information on these workshops. Also, check the bulletin board for fliers. One more June item of note is that Westside will be represented by 13, yes, 13 Texans (Rev. Alex is a Texan for now) way out west in Oregon at this year's General Assembly.

And, here is something to think about. The Dwight Brown Leadership Experience (DBLE) is Aug. 9 -14. If you will be a new board member, a new Chair, or even if you've already been filling such positions, this intensive week will give you the opportunity to develop or expand skills that are useful, not only for you as a UU, but very helpful in your work and personal life. Worthwhile too, is the enriching community with other UUs on the very beautiful TWU campus in Denton.

Two thousand dollars from the Jack Hardwick Memorial Fund has been designated for Leadership Development at Westside. Funds from it, combined with scholarships from the UUA Southern Region, will make DBLE more "doable" from a financial standpoint. Westside hopes to send a minimum of two members. Check your calendar, come talk to me or any member who has attended in the past, and reflect on whether this may be your time to attend.

*In UU Faith & Love,  
- Cindy*

## **Rev. Alex Time Away in May and Summer Preparations**

Alex will be away between May 7-14 in Washington State at Cloud Mountain Buddhist retreat center for a retreat on addiction and recovery from a Buddhist perspective. Cindy, the chaplain corps, and Cherri will all have emergency contact information in the event of a congregational emergency.

Alex will then be working with all those who plan to attend annual General Assembly in Portland, Oregon at the end of June. Thanks especially to Andrea for setting this plan up to get people together. He will drive up to GA and will be happy to take items that cannot be transported by air or other means. Alex and Debra will then take some time in July to visit Vancouver Island in British Columbia before he returns here.

### **CRE Volunteer Spotlight - Brenda McKeon**

Brenda McKeon has a very long history of active participation in Westside's Children's Religious Education program, and that has seized to change. She is a tremendously dedicated teacher, teaching both Coming of Age and the Barton class this year. She is always ardently prepared, and it doesn't go unnoticed. Additionally, she serves dutifully on the CRE committee and will be one of our elementary school OWL teachers next year. Thank you Brenda!!

*- Cameron Young  
Director of Lifespan Religious Education*



It takes a lot of time to be a genius, you have to sit around so much doing nothing, really doing nothing.

-Gertrude Stein

## Young Adults

The Westside Story  
May 2015

The Young Adults group continued its success with last month's "Series on Oppression." This month's will be on religious and cult-based oppression.

## Mother's Day Brunch

Mother's Day is fast approaching and we will be having our annual Mother's Day brunch. On Sunday, May 10 at 9:00 a.m., we will be serving breakfast and refreshments, please come and join us. If you have any questions please contact Debra Slane at [debraslane@hotmail.com](mailto:debraslane@hotmail.com)

## Our 2015 Season is Off to a Great Start!

By Janell Broyles



Both Reinventing Jude and Jacob Furr have wowed EaW audiences so far in our 2015 season. And we've only just started! We have seven more great performances coming up between now and November; be sure and mark them on your calendar. You can also keep track via our website, [www.eveningsatwestside.org](http://www.eveningsatwestside.org) or by "Like"-ing our Facebook page at [www.facebook.com/eveningsatwestside](http://www.facebook.com/eveningsatwestside)

Our next performer is Dallas' Bethan. Featuring guitar, Mellotron, keyboards, violin and bass, Bethan performs songs that are a restrained, lyrical combination of moods ranging from ominous to whimsical, sometimes called "alternative noir." They list George Gershwin, Tom Waits, David Lynch, and Serge Gainsbourg among their influences. Recent performances have included House of Blues, the Kessler and Club Dada. You can learn more about them at <http://www.bethanmusic.com/>

In other big news, EaW performances will now be recorded and uploaded to The Southside Pirate ([www.southsidepirate.com](http://www.southsidepirate.com)) Fort Worth's only radio station devoted to local music. The Pirate has recently gotten their FCC license for 97.5 FM and anticipates having their tower active before the end of the year. EaW performances will then broadcast over the air as well.

### 2015 Evenings at Westside Calendar:

- **MAY 9: Bethan**
- **JUNE 13: KATSÜK**
- **JULY 11: A Night of Spoken Word**
- **AUGUST 8: Little Jack Melody and His Young Turks**
- **SEPTEMBER 12: Dramatic Readings (Details to come!)**
- **OCTOBER 10: Stories in the Dark**
- **NOVEMBER 14: Dramatic Readings (Details to come!)**

## Cancer Patients and Survivors Support Group

First Meeting this Thursday, May 12 at 7:30 p.m.

We heard the call for emotional support for Westside patients and survivors of cancer and so we are pleased to offer the Westside Cancer Patients and Survivors Support Group this month. Support groups present information, provide comfort, teach coping skills, and provide a place for people to share common concerns and emotional support.

All progress has resulted  
from people who took  
unpopular positions.

-Adlai Stevenson

**The Westside Story  
May 2015**

A growing body of research has shown that support groups can enhance quality of life. People who take part in support groups believe that they can live healthier, happier lives if they spend time relating to others. They say that when they have emotional support, it is easier to deal with their health issues. Some claim that the bonds formed between members of support groups help them feel stronger. They further claim that sharing feelings and experiences within support groups can reduce stress, fear, and anxiety and help to promote healing.

Westside's Cancer Support Group is currently designed to be time-limited, but has the potential to be ongoing if the need continues. The format is discussion with exploration and expression of feelings. Topics addressed in support groups are those of concern to the members and those our curriculum offers. While led by trained professionals, the support group is not group therapy. Volunteer facilitators include Westside member Caroline Nixon, a licensed master social worker, and community member Sabina Mujanovic, who has a master's degree in counseling.

The group will meet in the sanctuary on the third Thursday of the month at 7:30 PM. For more information please contact Caroline Nixon at [CarolineNixon@SBCglobal.net](mailto:CarolineNixon@SBCglobal.net) or 817-308-3597.

## Join a Circle Supper, May 16!

For those who have not attended a Circle Supper, it is the opportunity for getting to know members/friends of the church over good food and conversation. These are dinners in small groups of six to eight people, generally, and held at the home of a member/friend of the church. If you would like to host but have limited space, you may partner with someone who has the room but would prefer not to host alone. The dinners are held on the third Saturday of every month. The host will organize the meal and will ask the guests to bring something like a side dish, bread, wine, or whatever is needed. Please contact Trudy Sena at [esena6236@yahoo.com](mailto:esena6236@yahoo.com).

Our Family Circle Supper works just the same way, but it is not required that you have children to attend. For the Family Circle Supper, please contact Lauren Leising at [ellekaye@juno.com](mailto:ellekaye@juno.com) or 817-846-8012.

## Summary of the March 18 Board Meeting

Consent Agenda (reports and minutes in the minutes book)

**A. Board Meeting Minutes February 18, 2015 (attached)**

**B. Committee Reports (attached)**

a. Library

b. Social Justice

c. Membersgip

d. ABUC

e. Adult RE

**C. UBS account moved to AmeriTrade.**

**D. Date of Annual Meeting June 7.**

**E. Loose Plate Offering in May to Planned Parenthood, 5th Sunday to church in Southold, NY that burned.**

**F. DLRE Report and Job Description (attached)**

**Green Sanctuary** - The Board approved the letter (attached) to be sent to the Fort Worth Museum of Science and History as amended. The Board also approved sending a "green" survey on April 22, with an explanatory cover letter, for completion online to all members and friends. Hard copies will also be available.

**Minister's Report** - (full report in the minutes book) Alex noted that the SMART program will have two new facilitators. They will be given keys after they complete training on opening/closing procedures.

A man who works with his hands is a laborer; a man who works with his hands and his brain is a craftsman; but a man who works with his hands and his brain and his heart is an artist.

-Louis Nizer

**OTHER REPORTS:**

**Classroom Doors** - The Board approved completing the first part of the project over Easter weekend, to include preparation and construction by Handyman Connection for \$7,582.46. The Board also approved ordering hardware kits and doors from James McCain for two openings at a cost of \$4,508.00.

**Sign Repairs** - Using the bid from August plus \$30, the cost will be covered by the grant and additional funds allotted for this purpose.

**Gutter Repairs** - Gutter repair has been assigned and we are waiting for completion of the contract.

**Search Committee** - Nominees will be called to ask if they are willing to serve starting March 23. The final 10 names will be presented to the Board on April 15. Completed applications and pictures of the 10 nominees will be posted in the sanctuary on May 3 and emailed to members on May 4. Selection of the committee will be completed May 17.

**Stewardship** - Meetings with groups and committees have received a good response so far. The board commended the Stewardship Committee on the excellent materials provided to members and friends.

**Leadership Development** - \$2,000 from the Hardwick Fund has been designated for Leadership Development such as scholarships for GA and Dwight Brown Leadership Experience.

**Printers** - The Board agreed to sell the commercial printers given to us by Jeff Bullock.

The next meeting will be May 20. All members are welcome to attend. Notebooks containing copies of the full minutes, reports, and financial statements are available in the church office.

- *Reed K. Bilz, Secretary*

**OPPORTUNITIES TO LEARN AND SERVE**

**Buddhist Meditation Group**

While Alex is gone in late April and early May we will probably NOT hold the Thursday Buddhist meditation group unless we have a way to get people into the building without asking Gene to show up or members of the group to be at Westside early enough to get the doors opened by George. We will continue to figure out a way to plan for the summer when Alex is away in late June and July.

**Contemporary Book Group**

On May 24 we will discuss a recent bestseller, *The Paying Guests* by Sarah Waters. Set in South London in 1922, in a genteel Camberwell villa, an impoverished widow Mrs. Wray and her spinster daughter, Frances, are obliged to take in lodgers. With the arrival of Lilian and Leonard Barber, a modern young couple of the "clerk class," the routines of the house will be shaken up in unexpected ways. Little do the Wrays know just how profoundly their new tenants will alter the course of Frances's life — or, as passions mount and frustration gathers, how far-reaching, and how devastating, the disturbances will be.

Activism is the rent I pay  
for living on the planet.

-Alice Walker

**The Westside Story  
May 2015**

We meet in the Glass Classroom after the second service. Please join us even if you have not read the book. We may inspire you to do so. We are also open to suggestions for books to read. Contact: Reed Bilz – reed.bilz@gmail.com.

## Humanists of Fort Worth

The HoFW will meet at its regular time at 7 p.m. on Wednesday, May 13 at Westside. All Freethinkers are welcome to attend. Please check the HoFW Meetup site for further information at <http://www.meetup.com/Humanists-of-Fort-Worth/>

## Humanist Book Club

The Humanist Book Club meets at Westside on the fourth Saturday of the month from 3 p.m. to 4:30 p.m. A book is chosen by the group and the next month it will be discussed together. In May the book is “A Singular Woman: the Untold Story of Barack Obama’s Mother” by Janny Scott. We will also discuss the Third Humanist Manifesto. All are welcome. Facilitated by Morris Meador, meadormorris1@gmail.com



## Potluck Sunday

Our Potluck Sunday will be held on May 10 from 10:45 to 11:45. Please bring a dish to share with others and join us in the Fellowship Hall for fun, lively discussions, and delicious food. For additional information, contact Debra Slane (debraslane@hotmail.com).

## Seventh Principle Notes from your Green Sanctuary Committee

Jimmy Kimmel noted that George Bush had a plan for fighting global warming. He figured that we can lower the Earth’s temperature dramatically just by switching from Fahrenheit to Celsius.

**Yard Helps:** We are not fans of the Texas Commission on Environmental Quality, particularly because of their actions with regard to oil and natural gas production and safety. However, if you are looking for ideas on managing your landscaping in a more environmentally friendly way, the TCEQ’s web site, [www.takecareoftexas.org](http://www.takecareoftexas.org), has a variety of downloadable landscaping publications, including “How to Build a Rain Barrel,” “Mulching and Composting,” “Managing 10 Common Texas Yard Pests” (if you have eleven, you’re on your own), and “Managing Lawn Problems in Texas.” The web site also has educational materials for children and tips for other areas in the home. And it is all free.

**New Solar:** Linda and Bob are proud as can be of our new 5.5 kilowatt solar electricity generating system. We’d love to show it to interested Westsiders. Talk with us at church, or give us a call, and we can make arrangements. We’ll keep you posted on how it’s doing.

**Recycling:** The blue cart near the women’s restroom in the Fellowship Hall is for recycling paper, glass and plastic items, cardboard, aluminum, etc. When it’s bag is full, someone takes it home, culls non-allowable items, and adds it to their home recyclables. Please empty all liquids from containers before placing them in the cart. Do not place tissue paper, napkins, items with food residue, plastic bags or wrappers, plastic silverware, or backing sheets for stick-on labels in the cart.

What for centuries raised  
man above the beast  
is not the cudgel but  
the irresistible power of  
unarmed truth.

-Bois Pasternak

There is also a box for small battery recycling across from the sanctuary entrance. Batteries do not belong in the trash. We will take them to the recycle center in east Ft Worth.

**The Westside Story  
May 2015**

**Green Movie Night:** There will be no Green Movie Night at Westside in May. We will evaluate whether to show a film in June, and what is the best day and time. We are certainly open to your suggestions.

**Committee Meeting:** The next meeting is scheduled for June 14, at 12:45 p.m., in the Glass Classroom. Everyone is welcome.

**Westside Story Staff:**  
Janice Sims, Editor  
Eric Stevens, Designer  
Sharon Salih, Distribution

## OUR WIDER COMMUNITY

### **SAVE THE DATE: May 30 - Spring Trash Bash!**

The Social Justice Council is sponsoring the FIRST ANNUAL Spring Trash Bash organized by the Tarrant Regional Water District. The date is May 30 from 8:30-11:00. We need volunteers to represent WUU!!! This is a great way to keep Fort Worth clean, get a little exercise and bond by volunteering! Email Kim Lucas at [divinewoman1029@gmail.com](mailto:divinewoman1029@gmail.com) for more info or go to <http://trashbashfw.com/> for more information.

### **Self Management and Recovery Training (SMART)**

These confidential meetings are held each week at Westside on Tuesdays at 7:00 p.m. for those who want or need to discuss strategies for confronting addictive behaviors. The group is sponsored by the Humanists of Fort Worth as an alternative to traditional 12-step meetings requiring belief in a higher power. To learn more, please contact Carolyn Glenn ([carolynyg@gmail.com](mailto:carolynyg@gmail.com)).



*Email submissions to our Editor  
Janice Sims at [janicesims1617@att.net](mailto:janicesims1617@att.net).  
The deadline for submissions is  
the 15<sup>th</sup> of each month.*



The government ought not to be invested with power to control the affections, any more than the consciences of citizens.

-Lydia Maria Child

## Our Board

**President: Cindy Fountain**

**Vice-President: Dianne Nixon**

**Secretary: Reed Bilz**

**Treasurer: Lane Smutz**

**Directors: Tricia Bowes, Ginger Courtney, Ric Hansen, Don Jackson, Ken Leising, Bill Russell**

## March 2015 Attendance

	10AM Adults	11:30 Adults	10AM Kids	11:30 Kids	Total
March 1 ICY	0	0	0	0	0
March 8	47	63	5	12	127
March 15	53	68	12	18	151
March 22	42	65	14	20	141
March 29	57	34	9	12	112
Averages	49.75	57.5	10	15.5	132.75



This congregation has taken part in the UUA Welcoming Congregation Program to become more inclusive towards bisexual, gay, lesbian, and/or transgender people.

## The 7 UU Principles

- We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:
- The inherent worth and dignity of every person;
- Justice, equity & compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free & responsible search for truth & meaning;
- The right of conscience & the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

## The Six Sources

- Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
- Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

## Westside UU Church

901 Page Avenue  
Fort Worth, TX 76110

### How are we doing?

Do you feel that our church is doing something right?  
Should we be doing more or less of something?  
Should we be doing something different? If so, let the Transition Team know. The Transition Team also wants to know if you have a criticism, concern, or question. Look for us after the service, call us, or email us at [TransitionTeam@westsideuu.org](mailto:TransitionTeam@westsideuu.org).

### Transition Team

Sara Munoz: Chair, Myrtle McMahan, Suzie Lotven,  
Tanner Trask, Robert Slane

**When you have finished reading your  
Westside Story, share it with a potential UU.**